

# SPORTS CAMP SAMPLE SCHEDULE

The Sierra Canyon Sports World Camp aims to provide an array of sports and recreational activities that are different from those offered at the Day Camp. Sports World will provide a full day of fun, structured, competitive, incentive, and most importantly, safe activities for boys and girls as young as entering 3rd grade (8-9 years of age) and as old as entering the 6th grade (12-13 years of age). Sports World includes all of the resources Sierra Canyon has to offer, including the Lower Campus Athletic Fields, pool and large aquatic slide as well as the state-of-the-art Lower Campus Gymnasium.

## MONDAY

9:50-10:30 Soccer  
10:30-11:10 Football  
11:10-11:50 Baseball  
11:50-12:30 Lunch  
12:30-1:10 Arcade  
1:10-1:50 Water Activities  
1:50-3:10 Basketball (Upper School Gym)  
3:10-3:30 Popsicle Time/Carpool/Bus Departure

## THURSDAY

9:50-10:30 Soccer  
10:30-11:10 Football  
11:10-11:50 Baseball  
11:50-12:30 Lunch  
12:30-1:10 Ga-Ga  
1:10-1:50 Water Activities  
1:50-3:10 Basketball (Upper School Gym)  
3:10-3:30 Popsicle Time/Carpool/Bus Departure

## TUESDAY

9:50-10:30 Soccer  
10:30-11:10 Capture the Flag  
11:10-11:50 Baseball  
11:50-12:30 Lunch  
12:30-1:10 Adventure Land  
1:10-1:50 Water Activities  
1:50-3:10 Basketball (Upper School Gym)  
3:10-3:30 Popsicle Time/Carpool/Bus Departure

## FRIDAY

9:50-10:30 Soccer Skills/Challenges  
10:30-11:10 Football Skills/Challenges  
11:10-11:50 Baseball Skills/Challenges  
11:50-12:30 Lunch  
12:30-1:10 Free Choice  
1:10-1:50 Water Activities  
1:50-3:10 Basketball (Upper School Gym)  
3:10-3:30 Popsicle Time/Carpool/Bus Departure

## WEDNESDAY

9:50-10:30 Dodgeball  
10:30-11:10 Football  
11:10-11:50 Baseball  
11:50-12:30 Lunch  
12:30-1:10 Game Room  
1:10-1:50 Water Activities  
1:50-3:10 Basketball (Upper School Gym)  
3:10-3:30 Popsicle Time/Carpool/Bus Departure

