

SIERRA CANYON ATHLETIC CAMPS



Baseball — (June 21st to 25th)

Athletes will learn proper fielding, running, and throwing. They will also be able to play in real games to demonstrate their skills. Now that's a home run!

Football — (non-contact: June 28th to July 2nd; contact: July 5th to 9th)

Be a part of the huddle! At Coach Jon Ellinghouse's football camp, players will be taught proper technique, safety, foot drills, and more. This is a must for up and coming football players. Athletes who wish to participate in the contact football camp must first participate in the non-contact football camp, unless given approval by Coach Jon Ellinghouse.

Strength, Speed, and Agility — (July 12th to 16th)

Speed, agility, core work, balance, and various conditioning drills—this camp has everything you need to build your stamina and become a star athlete!

Volleyball — (July 19th to 23rd)

Bump, set, spike! Not only will this camp prepare you for volleyball season, it will also teach you the skills and drills to better your game. Come tryout season, you will be ready to wow the coaches!

Soccer — (July 26th to 30th)

Whether it's dribbling, kicking, or goalkeeping, we have you covered. Our soccer camp aims to increase each player's confidence through games focusing on specific soccer-related skills, and eventually, working those skills into game situations.

Basketball — (August 2nd to 6th; August 9th to 13th)

Lay-ups, dribbling, passing and more! Both girls and boys can learn the fundamentals, skills, and strategy to help them become star players!

Tennis — (August 16th to 20th)

Get ready to serve up an ace! Taught by tennis pro Larry Donaldson, this camp will focus on the drills, technique, and form players need to become the best they can be!

Each Of Our Skill-Based Athletic Camps
Will Be Taught By Our Very Own
Sierra Canyon Varsity Coaches:

Bobby Bell (Baseball)

Jon Ellinghouse (Football)

Troy Samuels (Track and Field)

Morgan Wijay (Volleyball)

Juan Florez (Soccer)

Colin Jamerson (Boys Basketball)

TJ Knox (Girls Basketball)

Larry Donaldson (Tennis)



To find out more, visit us at www.sierracanyondaycamp.com or
contact Sierra Canyon School Athletic Director **Rock Pillsbury** at (818) 456-8394.